Don't Sweat the Small Stuff Worksheet

List your "to do" items on the lists below, taking time to really consider whether the item at hand is in the "Big Stuff" or "Small Stuff" category. There's no need to fill in the worksheet all at one time, if you can, keep it somewhere you can access it when you need it!

make your now... WOW!™
Coaching and Inspiration for Women Who Want More!
ANNE WEISKOPF

Big Stuff

Small Stuff

Next Steps:

Choose three immediate action items in each category. What steps do you need to take to make them a priority? Think of how you will complete them, and the sense of accomplshment you'll feel with a plan of action to get them off your plate. Now put your WOW to work and do them!